

## Adolescent Invulnerability Scale

**Daniel K. Lapsley**  
*University of Notre Dame*  
Department of Psychology  
[danlapsley@nd.edu](mailto:danlapsley@nd.edu)

How well do the following statements describe you? Rate each statement using the following scale:

- |        | <b>Strongly disagree</b> | <b>Disagree</b> | <b>Neutral</b> | <b>Agree</b> | <b>Strongly agree</b> |
|--------|--------------------------|-----------------|----------------|--------------|-----------------------|
|        | <b>1</b>                 | <b>2</b>        | <b>3</b>       | <b>4</b>     | <b>5</b>              |
| ___1   |                          |                 |                |              |                       |
| ___2.  |                          |                 |                |              |                       |
| ___3.  |                          |                 |                |              |                       |
| ___4.  |                          |                 |                |              |                       |
| ___5.  |                          |                 |                |              |                       |
| ___6.  |                          |                 |                |              |                       |
| ___7.  |                          |                 |                |              |                       |
| ___8.  |                          |                 |                |              |                       |
| ___9.  |                          |                 |                |              |                       |
| ___10. |                          |                 |                |              |                       |
| ___11. |                          |                 |                |              |                       |
| ___12. |                          |                 |                |              |                       |
| ___13. |                          |                 |                |              |                       |
| ___14. |                          |                 |                |              |                       |
| ___15. |                          |                 |                |              |                       |
| ___16. |                          |                 |                |              |                       |
| ___17. |                          |                 |                |              |                       |
| ___18. |                          |                 |                |              |                       |

\_\_\_\_19. It is just impossible for people to hurt my feelings.

\_\_\_\_20. It is not necessary for me to worry about being injured or harmed.

AIS Scoring

Reverse Score: # 7, 9, and 16

<b>Two-Scale Factor Solution</b>	
<b>Danger Invulnerability</b>	<b>Psychological Invulnerability</b>
1, 3, 5, 6, 8, 10, 11, 12, 15, 17, 18, 20	2, 4, 7, 9, 13, 14, 16, 19

<b>Three-Factor Solution</b>		
<b>General Invulnerability</b>	<b>Danger Invulnerability</b>	<b>Interpersonal</b>
1 2 3 4 5 11 12 20	6 8 10 15 17 18	7 9 13 14 16 19